



DATE \_\_\_\_\_

PATIENT NAME \_\_\_\_\_

DAYTIME PHONE no. \_\_\_\_\_

**REFERRAL FOR**

- Sports Medicine Physician consultation – covered by OHIP
- Knee osteoarthritis program – sport MD consultation to discuss viscosupplementation, bracing and other alternatives to surgery
- Physiotherapy
- Massage Therapy
- Acupuncture
- Chiropractic Treatment / Active Release Technique®
- Gait analysis / Custom foot orthotics
- Braces including custom knee bracing
- Ergonomic assessment
- Injured Runners' Program
- Shockwave Therapy
- Other \_\_\_\_\_

**REASON FOR REFERRAL** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician Stamp

**REFERRING PHYSICIAN INFORMATION**

NAME \_\_\_\_\_

BILLING no. \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

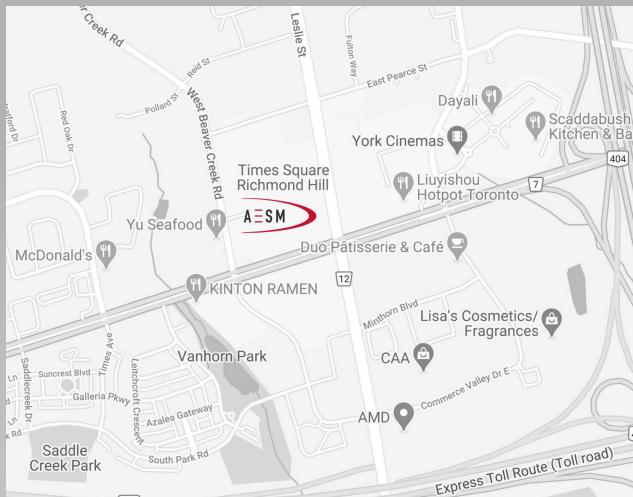
SIGNATURE \_\_\_\_\_

TEL no. \_\_\_\_\_

Please send more referral pads

FAX no. \_\_\_\_\_

*Thank you for your referral* | VISIT US ONLINE AT **AESM.ca**



### DIRECTIONS / PARKING

- Exit the 404 at Highway 7, west on Highway 7 to West Beaver Creek, north on West Beaver to Wertheim Court.
- Lots of FREE PARKING.

### PROGRAM INFORMATION

- The Knee osteoarthritis program is designed to give patients information about alternatives to surgery in the treatment of OA. These include: viscosupplementation, bracing, physiotherapy, glucosamine and other treatments
- Our Injured Runners' Program is geared towards getting runners back to running as quickly as possible. Our six week program includes biomechanical analysis, manual therapy, rehabilitative exercise, gait analysis and shoe recommendations, performed by our specialist physiotherapist and chiropractor.

### PATIENT INSTRUCTIONS

If it's your first visit to AESM, please arrive 5 minutes early for your appointment, in order to get you registered into our system.

- For visits with the sports medicine physician, please bring and show your health card each time
- For shoulder problems, please bring a tank top
- For hip and knee problems, please bring shorts
- For running-related problems, please bring your usual running shoes

### CANCELLATION POLICY

Please give us at least 24 hours' notice to cancel an appointment. If you do not give us adequate notice, a charge for your missed appointment may apply.

Thank you for choosing **ATHLETIC EDGE SPORTS MEDICINE** and

***KEEP PLAYING!***

VISIT US ONLINE AT **AESM.ca**